



“Calmness is the graceful form of Confidence”

Marie von Ebner-Eschenbach

O2 THERAPY

Oxygen Treatment

Assists the body with detoxification, anti-ageing, athletic performance and weight loss.

30mins - R350

PACKAGES

Blissful

Back, neck and shoulder massage • Classic pedicure

1.5hrs - R550

Stress Relief Package

O2 Therapy (Capsule) • Back, neck and shoulder massage • Classic facial

2hrs - R820

Deluxe Spa Ritual

O2 Therapy • 60 min Swedish massage • Classic facial • Scalp or foot massage

3hrs - R1300

Ultimate Seasons of Rejuvenation

O2 Therapy • Swedish massage • Scalp massage • Classic pedicure • Classic facial • Foot massage • Lunch

4.5hrs - R2050

Soul Mates

Body wrap • 90 min aromatherapy massage • Lunch • Sensational Firming Skin Treatment • De-stress foot massage

5.5hrs - R3600

Pamper me

O2 Therapy • 60 min Swedish massage • Classic facial Classic pedicure

3.5hrs - R1250

Create your own package

Choose a minimum of three treatments valued at over R850 and receive a 5% discount.

FACIAL THERAPY

Six Sensational Skincare

Express skin treatment

Express treatment tailored to your needs • Booster treatment to rejuvenate your skin

30min - R220

Express journey skin treatment

Add one of these three spa rituals to your Express skin treatment:

- Back massage | 10min
- Foot ritual | 10min
- Indian head massage | 10min

40min - R300

Classic Skin Treatment

Restores luminosity to your complexion and revitalises dull skin

60min - R450

Specialised Skin Treatment

A classic facial treatment enhanced by a peel off mask

70min - R560

Sensational Skin Treatment

The ultimate in pampering. Combines a hot oil back massage and herbal compress treatment with a facial that includes a double exfoliation, hand treatment and a signature massage

90min - R680

Upgrade your Facial Therapy with one of the following treatments:

Eyes Like Diamonds Eye Treatment

Anti-ageing eye treatment firms, reduces puffiness, tones and hydrates the delicate eye area | R150

Specialised Mask

Complement your Six Sensational Skincare Facial with a specialised mask to enhance your skin's complexion and focus on specific skin conditions | R180

A PROUD MEMBER OF

TOUCH DOWN

GROUP

MASSAGE THERAPY

Swedish massage

A classic treatment that stimulates the blood circulation, purifies and releases muscle tension

60min - R520

Deep tissue massage

During this deep tissue Swedish style massage, we manipulate your body's muscles to relieve muscle tension

60min - R600

Hot stone massage

A relaxing massage is combined with hot basalt stone treatment to stimulate blood flow and leave you with a long lasting sensation of warmth and calm

60min - R600

Aromatherapy massage

A relaxing massage combined with the therapeutic effects of aromatherapy

60min - R570

Back, neck and shoulder massage

A classic treatment - concentrating on the back and shoulder areas that stimulates blood circulation and releases muscle tension

30min - R390

45min - R420

Back neck and shoulder massage including back exfoliation

45min - R480

Pressure point foot massage

40min - R350

Scalp massage

30min - R310

Massage Enhancers

Specialised oil | R80

Hot stones | R100

30min Massage add on | R150

BODY TREATMENTS

Body polish | 30min - R220

Firming body wrap | 60min - R390

Add 30 minute massage | R500

Detox body wrap | 60min - R390

Add 30 minute massage | R500

Anti-stress body wrap | 60min - R390

Add 30 minute massage | R500

BLISSFUL BASICS

Mini manicure | 30min - R180

Classic manicure | 50min - R220

Spa manicure | 80min - R350

Mini pedicure | 30min - R220

Classic pedicure | 50min - R250

Spa pedicure | 80min - R370

Hot stone pedicure | 60min - R350

Gel polish application | 45min - R200

Soak off | 45min - R80

File and paint | 30min - R100

FINAL TOUCHES

Waxing

Brow wax | R80

Lip wax | R70

Chin wax | R70

Cheek wax | R80

Underarm wax | R100

Half arm wax | R150

Full arm wax | R180

Chest wax | R200

Back wax | R200

Standard bikini wax | R120

Full bikini wax | R240

Half leg wax | R160

Three-quarter leg wax | R190

Full leg wax | R220

Tinting

Eyelash tint | 30min - R100

Brow tint | 20min - R80

Lash and brow tint | 30min - R160

SPA RULES

- Reservations: Advance bookings are recommended
- Arrival: We recommend that you arrive 30 minutes prior to your treatment time. Late arrivals will result in shortened treatment time to accommodate other guests. Full treatment price will be charged.
- Cancellation Policy: We require that you notify the Spa a minimum of 4 hours prior to your appointment in order to avoid a 100% cancellation fee.
- Gift vouchers: Gift vouchers can be issued for a specific treatment or value. The original gift voucher must be presented at the appointment in order to be honoured. Please note that vouchers may not be redeemed for cash, are non-transferable and are valid for 6 months from the date of purchase

DISCLAIMER

- Guests are requested to take care of their personal belongings. Dunkel Spa does not accept responsibility for any loss or damage.
- Prices are subject to change without prior notification.
- To ensure that all guests benefit from the quiet environment we request all areas be shared respectfully.
- For further enquiries contact the team at Dunkel Spa

